

Week Eight

Sensible/Self-controlled

Titus 2:5

1. Are we to pursue self-control in our own strength? From these scriptures what help do we have?

John 15:5

John 14:25-26

James 1:5

Romans 12:1-2

Psalm 1:2

Psalm 32:8

Psalm 119:11

2. The control of one's freedom is the God-given ability to say "Yes!" to what we should do and "No!" to what we should not. What do you learn from these scriptures, about the control of the deeds of the body?

Mark 1:35

1 Corinthians 10:31

Hebrews 13:4

1 Corinthians 6:12

3. What do you learn from these scriptures about the control of the thought life?

Philippians 4:8

Proverbs 4:20-27

2 Timothy 2:22

Matthew 5:28

Romans 12:3

- 4. What do you learn from these scriptures about the control of the emotions?**

Hebrews 12:15

Psalm 34:4

Psalm 94:19

Psalm 42:5

Matthew 6:25 – 34 with Psalm 31:14

- 5. A Biblical example for our instruction is Lot and his wife. Read Genesis 13:1-14.**

What is the problem?

How did Lot show his materialism?

What danger did Lot's uncontrolled materialism blind him to?

Where did Lot move to? What effect did it have on his family?

Read Genesis 18:16-21. How did the Lord feel about where Lot chose to live?

Read Genesis 18:22-33. What did Abraham do on Lot's behalf?

Read Genesis 19:1. What social position did Lot hold in Sodom? (See Proverbs 31:23)

Read Genesis 19:12-29. What was the Lord about to do to Sodom?

How did Lot react? How had he influenced his family? Where was his wife's heart?

Read 2 Peter 2:6-9. Was Lot a believer? Was he happy in his pursuit of nice things?

How does Luke 12:30-34 apply to Lot's example?

What personal applications can you make from this?

6. Read Luke 10:38-42. What phrases describe Martha?

What are the positive characteristics about Martha?

What dangers are connected to these characteristics?

How did Jesus address her problem? Do you think it was a self-control problem? Why or why not?

Read John 12:1-2. What is Martha doing on this occasion? What is different?

What would be lacking in her life if she had gone from one extreme to another?

In what ways is Martha an example and warning to you?